

# Resonant leadership - Causing an effect

*By Caroline Rijnbeek, Arnhem, 2021*

## Introduction - Current times require new possibilities

We live in a time of great challenges in the areas of climate, energy, social inequality and sustainability. Our current approaches and responses no longer seem to match the scale of the challenges facing our organizations and ecosystems. There is a need for fundamentally new skills and new social, organizational and technological solutions. This requires paradigm shifts in our ways of thinking and acting that lead to emergence<sup>1</sup> (Holland, 2014, p.13). This paradigm shift also requires a change in leadership that is appropriate to the challenges and the directions in which we as humans want to develop into the future. Can Ecoinvention's Resonant Leadership contribute to this towards organizations and ecosystems?

## Resonant Leadership and the Eternal Spinning Wheel

Resonant Leadership plays an important role within Eco intentions Energetic Guardianship. Resonant Leadership uses the principles of resonance and coherence. Everything is made up of energy. Energy manifests itself as a wave and has the property that it vibrates in a certain wavelength. Similar vibrations with the same wavelength can amplify each other. This is called resonance. However, this only happens if they are coherent. Timing is essential. Resonant Leadership, as the name implies, is also about resonance in strengthening

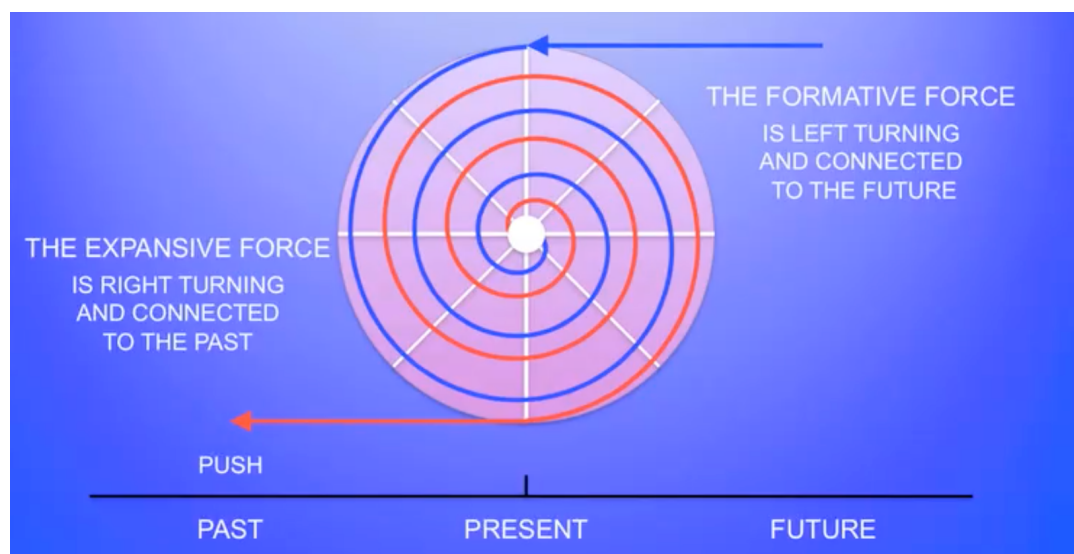
---

<sup>1</sup> interactions in which the aggregate exhibits properties not obtained by addition

something that is allowed to happen, and coherence by applying it exactly at the right time (Andeweg, 2014, p. 117).

Resonant Leadership reinforces desired intentions and circumstances. This is done by giving form and content to the energy through intention and attention. With intention we attract the desired future towards us and give direction and focus. Attention is the source of life energy that is used to shape the intention(s). This is how formative force is created.

Intention forms into ideas and adaptive capacity (the ability to realize the idea) through attention. This is an inward movement. It requires inner tranquility and quiet to connect intention and attention. By subsequently adding action and means (matter), the idea can manifest itself and take concrete form in the matter. This creates an outwardly directed movement; the expansive force. The intention takes shape and is realized. But it does not end there. The expansive force also brings up the burdened past in the form of obstacles, limiting beliefs and old patterns. This offers opportunities to clear up this burdened past and make room for a changing future, which requires renewed attention and focus on the intention. Restarting from the beginning. This is a dynamic wheel in and out that rolls in the direction of evolving intentions (Andeweg, 2014, p. 54).



*Figure 1: The wheel of life (Andeweg, 2018)*

## **Resonant Leadership and the Fundamentals of Energy Management**

In resonant leadership, the fundamentals of Energetic Management are underlying (Andeweg, 2014, p. 272-280). These have all been translated and elaborated into four important aspects, namely:

- The thinking – the mindset;
- Wholeness and the implicit order;
- Head-heart resonance;
- Grounding.

A further elaboration follows.

### **Mindset**

Resonant leadership within Eointention starts in the head (Andeweg, 2012). The energetic guardian determines the concrete goals based on the intention. His mindset is important here. Mind Moves Matter. Important elements in it are:

1. Consciousness of the Whole - You can only charge something energetically if you can define it.
2. Free conviction – Know what ownership you can and may take over this whole
3. Sense of life – Familiarity with the whole and everything in it, so that you know what is needed.
4. Knowledge and experience – Sufficient professional knowledge to be able to give concrete and realistic form to matters in terms of content and timing.

## Wholeness and implicate order<sup>2</sup>

Mach's principle states: "The whole is as necessary to the understanding of the parts as the parts are necessary to the understanding of the whole" (Jaworski, 2018, p 109). And this is where working from Resonant Leadership differs from most current leadership. At Resonant Leadership we work from the intention in addition to the attention to concrete goals.

Working from attention is solution-oriented and considers each problem separately (cause and effect). As a result, the focus is always on a part of the whole. The whole is often experienced as too complex (Holland, 2014). The intention works from the whole. The parts can coincide in the whole (the implicate order) and at the same time attention/life energy is given to the goals that always represent a part of this whole. Consciousness of the whole and the assumption of wholeness is the major shift from classical physics to quantum physics with its 'new laws'. David Bohm calls this the implicate order (Bohm, 2012).

"You yourself are, in fact, all of humanity. This is the idea of implicate order – that everything is folded into everything. The whole past is infused in each of us in the most subtle way.

When you touch the core of yourself, you touch the very essence of humanity itself" according to Bohm (Jaworski, 2018, p 106-107). From the connection with wholeness, the Resonant Leader can set out the intentions and allow the solutions to arise. Intuitively aligned with the timing of things instead of following a pre-made 'management planning'.

This reduces the tendency to push and take known routes and solutions. It leaves more room for the emergence of new possibilities and answers (Holland, 2014, p. 15).

---

<sup>2</sup> Bohm's implicate order applies both to matter and consciousness, and it can therefore explain the relationship between these two apparently different things. Mind and matter are here seen as related projections into our explicate order from the underlying reality of the implicate order.

## **Head-heart resonance and inner tranquility**

Resonance and coherence begins with an inward movement, starting at the head followed by the heart. In doing so, the head has the role of transmitting the information and intention and the heart attentively adds the life energy in a vibrational frequency to direct the transformations that are needed. Dr. Dispenza, together with the Heartmath Institute, has demonstrated through extensive scientific studies how powerful this electromagnetic field is that is created in this way. Dispenza shows that by connecting elevated emotions (joy, peace, love, etc. with a high vibration) to the intentions and goals, the leader is able to 'create the future'. From 'cause and effect' to 'causing an effect' (Dispenza, 2019, p.125). Transforming using elevated emotions is an important part of Resonant Leadership. This requires awareness and control of one's emotions. Inner tranquility is needed to create the right resonance and coherence from relaxation. This inner tranquility arises when the leader manages to transform his own burdened past. Resonant leadership thus requires internal work and personal development. It is about shining new light on old beliefs, patterns and experiences. This creates space to let go and to come to inner tranquility. From there, the leader is able to put light on goals and intentions with compassion and zest for life. By actively affirming, and thereby reinforcing the goals, the guardian gives attention and life energy to the intention, which can then materialize (Andeweg, 2014).

## **Grounding**

Grounding has an important place in Energy Guardianship. Intentions and attention need a foundation and fertile soil to be able to land and manifest, otherwise the energy will evaporate. Goals then remain only beautiful dreams (Andeweg, 2012). This applies to people

as well as to energetically manageable systems - organizations, projects or territories. It does start with the foundation of the energetic guardian<sup>3</sup> himself in the form of background, convictions, talents and burdened past. In organizations or an area, it concerns concrete matters such as people, roles, responsibilities, cultural aspects, layout, but also very concrete buildings, nature and subsurface. Grounding is created by surrendering to gravity. By literally feeling your feet. About taking concrete steps and taking action (Andeweg, 2014).

## Resonant leadership in practice

During the Econtention training, various projects are energetically balanced. In every project there are one or more energetic guardians and a set of objectives that the guardian wants to achieve. After the goals have been tested for feasibility, the guardian is taken step by step in energetic guardianship of the whole and the goals, translated in Resonant Leadership.

Looking at my four training projects, there were large differences in aspects of resonant leadership between the guardians. These differences were qualitatively assessed on the basis of interviews half to one and a half years after the completion of the stabilization phase of these projects.

	Mindset	Wholeness	Resonance	Grounding	Goals realized
Guardian 1	++	+	+	-	30-50%
Guardian 2	+/-	+/-	+/-	+	50-70%
Guardian 3	+	+	+	+	70-90%
Guardian 4	+	+	+	+	80-100%

Legend: - not or hardly present; +/- present in a reasonable amount; + good presence;

---

<sup>3</sup> The manager of the organization, project or estate that is balanced in the Energetic Guardianship

++ excellent presence

Looking at these guardians, a number of things stand out. First, the grounding. The lack of grounding of guardian 1 is particularly striking. This guardian had excellent goals and was good at managing the process. However, he had great difficulty grounding. He spoke about possibilities and visions of the future. Sometimes people literally couldn't hear and follow him. They experienced him as vague and abstract. This entire project started with a high Bovis (35,000+). Ultimately, only part of the objectives of guardian 1 were actually achieved. Many of his targets failed to land.

Guardian 2 was always hesitant in all areas. He thought it was an interesting experiment and was charmed by looking at management from an energetic point of view. He occasionally experienced the resonance and flow, but was quickly distracted by the daily routine and the need to control rather than manage. His tendency was to want to push the energy and time. As a result, he often lacked inner tranquility. In the case of guardian 3 and 4, qualities of Resonant Leadership were already present. Both guardians were involved in the development of consciousness and had already subconsciously mastered the energetic guardianship quite well. Making the intention and goals explicit helped them to stay even more focused. However, the principle of "1 step higher is 1 step deeper" was applied to both (Andeweg, 2012). With the realization of the goals new challenges came to light. With both especially in the personal sphere. The saying "be careful what you wish for" applied here. However, both are a good example of how Resonant Leadership works, where goals were realized in a way that they could not have imagined in advance.

**Transform - causing an effect**

Resonant Leadership from Eointention ties in well with the Transformative Leadership as advocated by Joseph Jaworski in his American Leadership Forum. Jaworski defines Transformative leadership as leading into an unknown future. This leadership is about serving life and creating new realities. It is characterized by strong commitment and broad visionary ideas. It is based on the belief that we are not tied to our current circumstances, but that we literally have a choice about the community, the world in which we want to live.” And says Jaworski: “Leadership can only be learned through life experience”. It is about being vigilant and self-aware so that you can seize the opportunity when it presents itself (Jaworski, 2018, p. 83). One of the core requirements for good leadership is the ability to inspire people in the group: to touch and encourage them, to involve them in the work and to help them focus on using their own abilities in full advantage.' (Jaworski, 2018). The aspects of Resonant Leadership offer these. As a leader, you thus create the perfect cadence (resonance and coherence) and the shift from 'cause and effect' to 'causing an effect' arises. When we are connected to the heart's inner knowing, we can tap into its wisdom as a source of love and higher guidance, says Dispenza (Dispenza, 2019). The approach and methodology of Resonant Leadership lovingly gives shape to this, in which mindset, wholeness, resonance and grounding are the basic ingredients.

## Sources

- Andeweg, H. (2012). Het antwoord op de crisis is gronden. *Spiegelbeeld, 2012(1)*.  
<https://www.spiegelbeeld.nl/>
- Andeweg, H. (2014). *Scheppend leven* (3<sup>de</sup> ed.). Juwelenschap.
- Bohm, D. (2012). *Wholeness and the Implicate Order*. Routledge.
- Dispenza, J. (2019). *Becoming Supernatural*. Penguin Random House.



- Holland, J.H. (2014). *Complexiteit* (Elementaire Deeltjes 53 ed.). Amsterdam University Press.
- Jaworski, J. (2018). *Jaworski, Synchroniciteit*, 5<sup>e</sup>. Christofoor.
- *The wheel of life*. (2018).  
<https://www.centerforecointention.network/mod/resource/view.php?id=2931&forceview=1>.